



The One Good Thing™

Independent Product Consultant

*The one good thing you can do for your health today!*



For your information, this Tahitian NONI Juice only contains a special blend of Noni juice puree with grape juice and blueberry juice. It is flash pasteurized for optimal nutritional content, offers natural support for your immune system, delivers superior antioxidants that help rid your body of harmful free radicals, reduces inflammation, increases energy, and allows greater physical performance levels. But, just like Alfalfa, not all Noni juice on the market is equal in quality! How it is processed makes a big difference! I initially learned about Noni juice while working with holistic health care professionals and oncologists in Germany in the 1980's. I also traveled to Hawaii in 1996 to experience Noni fruit straight from the tree and learned from the locals about its multiple benefits. I have recommended the Tahitian NONI brand of Noni juice since 1997 and I don't know of any other Noni juice company that offers the same quality and

standardization of processing. Most Noni juice on the market is made with powdered Noni (longer shelf life and more economical), some are bottled in plastic (not good) and all are completely pasteurized (destroys nutritional content and lessens effectiveness). In April 2007 I went to Provo, Utah to take a tour of Tahitian NONI's processing plant and met some of their scientists at work. Let me tell you, those research MD's and PhD's were brilliant and their continued studies are quite impressive! While I was already a believer in Noni juice, after I got to discuss details about some of their recent research, I REALLY became jazzed about this juice! In fact, one physician spent over an hour with me, having me do various left/right brain, mind-body movement patterns before and then again 20 minutes after drinking a 4 oz serving of Tahitian NONI Juice. Oh MY! Never before have I seen or experienced the ability of a natural nutrient break the blood/brain barrier! I experienced immediate increase of muscle strength and endurance doing the same movements. This is a MAJOR breakthrough in pharmacology and medical science where historically only drugs can break this barrier and as we all know drugs, while effective, have side effects – whereas – nutrients from a food source (Noni juice) does not. What makes the Noni fruit unique from other fruit juices is that it helps each person differently. This ties in with the blood/brain crossover. For example, research has proven that Noni juice is effective in stabilizing blood pressure or cholesterol in those who have levels that are too high but it doesn't effect levels in others who have normal or below normal levels. Recently the FDA has acknowledged this amazing discovery and has approved further research to be done with inclusion of Tahitian Noni Juice in post 911 case studies of pulmonary conditions. I can't wait to hear updates on that research within the next 3 to 5 years!!!

Many people experience benefits from Tahitian NONI Juice taking anywhere from 1 oz to 4 oz a day. To help determine how much *you* need, here are some suggested serving guidelines from the book, "*NONI Juice, How Much, How Often, For What*" by Dr. Neil Solomon. This information was determined by surveying over 27,000 Noni Juice Drinkers gathered from more than 1,300 health professionals who have clinical experience with Noni juice. The Average Suggested Serving Size based on Dr. Neil Solomon

Loading Serving: Month 1

Adult (over 16 years)  
    Before breakfast 2 oz  
    Before dinner 2 oz  
Child (under 16 years)  
    Before breakfast 1 oz  
    Before dinner 1 oz

Optimal Serving: 2 Months – 6 Months

Adult (over 16 years)  
    Before breakfast 2 oz  
    Before dinner 1 oz  
Child (under 16 years)  
    Before breakfast 1 oz  
    Before dinner 0.5 oz

Maintenance/Prevention: 7 months and after

Adult (over 16 years)  
    Before breakfast 1 oz  
    Before dinner 1 oz  
Child (under 16 years)  
    Before breakfast 1 oz

Dr. Solomon determined that on average, most people experience benefits after using anywhere from one to four ounces of Tahitian NONI Juice. Some of us have experienced an increase in energy and strength in a few days; many others take as much as 30 days to 6 weeks to feel the benefits, depending on what the body needs. Various benefits T-Tappers have experienced are: better digestion, relief from pain, mental clarity, energy, strength and restful sleep. Please share your personal experience or check out what other T-Tappers are saying about their personal experience using NONI Juice at:

T-Tapp Trainer Jeanne's Forum, where you can also share experiences about other Tahitian Noni products at: <http://myforum.bodybyjeanne.com/user/Discussions.aspx?id=35158>

T-Tapp Forums at [www.t-tapp.com](http://www.t-tapp.com) in the Nutrition/Diet section.

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