

REAL FOOD™ LEAN MAXIMIZER



Maximize Your Lean-to-Fat Ratio



The Real Food™ Lean Maximizer supports the metabolism of fat and the production of lean tissue. Its components synergistically work together and transform the body into a leaner and healthier state. It is a safe, non-stimulant product that addresses all the elements needed for fat loss while improving health.¹

Experience the difference between weight loss and fat loss! Most deprivation diets lose a lot of lean tissue and then, when the diet is over, the dieter usually regains the lost weight plus a few extra pounds of fat. This product and program address this dilemma, assisting you to build additional

lean tissue while losing fat. Since more lean tissue (muscle) uses more calories for energy, you can gradually eat more while losing fat. Put an end to the yo-yo syndrome, throw away your traditional scale, and replace it with a **Tanita scale**, which **measures your lean-to-fat ratio**—truly the **bottom line!**

See the
trueresults



To herald just three of the main components:

- **Glucosol**, a plant extract with insulin-like effects, is referred to as a “phytoinsulin.” Glucosol has been shown to help maintain the normal transport of blood sugar into cells. It **promotes normal blood sugar levels**, and does so without causing low blood sugar. This is important in **preventing food cravings**. As a result, this phytoinsulin effect helps keep your body’s own fat-storing insulin levels low.²
- **Zinc** is important for supporting proper hormone levels that determine whether you tend to be fat or thin. Additionally, it is

- Increases fat loss
- Increases lean muscle
- Increases metabolism
- Increases strength and endurance
- Reduces food cravings
- Promotes normal blood sugar levels
- Helps support immune system
- Maximizes cell hydration
- Safe and effective

100% Guaranteed!

known to play an important role in **immune function, cell growth, wound healing, prostate gland function, the metabolism of carbohydrates, and protein synthesis**.³

- **Ecdysterone** is a pure and concentrated active anabolic phytochemical (natural, from the plant). It has been demonstrated to help produce **lean bodies and superior strength and endurance**.⁴

Make NutriHarmony’s Lean Maximizer a part of your daily supplementation and enjoy the benefits of a healthier and trimmer you.

FOR BEST RESULTS:

One capsule twice daily taken 20 minutes prior to a standard food meal, but may be taken right along with NutriHarmony’s MRP or its Ion Exchange Whey.

Each capsule contains:

Glucosol (OptiPure™)	48 mg
Cayenne (140,000 heat units, capsaicin)	27 mg
5-methoxy, 7-methoxy Isoflavone	100 mg
Ecdysterone	40mg
Real Food™	
Vanadium	500 mg Total Wt
Real Food™	
Zinc	300 mg Total Wt
Real Food™	
Boron	125 mg Total Wt

1 Randall Boyer, M.D., *The Boyer Review*, 2/2001, Redding, CA.
 2 Rossetti, L., et al, “Insulinomimetic properties of trace elements and characterization of their in vivo mode of action.” *Diabetes*, October 1990; 39: 1243-1250.
 3 Bergner, Paul, “The Healing Power of Minerals, Special Nutrients, and Trace Elements,” Prima Publishing, 1997.
 4 Simakin, S. Yu., et al, “The Combined Use of Ecdisten and the Product Bodrost During Training in Cyclical Types of Sports,” *Scientific Sports Bulletin*, No. 2, 1998.

Real Food™ Products Made With Purity and Integrity